



South-Western City School District

K-PARENT CONNECT PROGRAM

4707 Stiles Avenue

Columbus, Ohio 43228

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The South Western City School District would like to invite incoming kindergarten students and their parents to join its *K-Parent Connect* program. Classes for students and parents are held every morning, Monday through Friday, June 13 through June 29, 2017 from **9:00-11:30 a.m.** at the Stiles Family Resource Center, 4707 Stiles Avenue, Columbus, Ohio 43228.

K-Parent Connect is offered free-of-charge to incoming SWCSD kindergarten students and parents. In order for a child to attend the K-Parent Connect program, parents **MUST** attend a minimum of one of the Beginning Literacy and one of the Beginning Math classes. Please arrive no more than 15 minutes early to drop off your child. Children must be signed in and out by a parent each day.

Childhood Diseases and Safety

Parents will learn about vaccination requirements for school age children, basic first aid techniques, and common childhood diseases.

***Beginning Literacy Skills for Kindergarten**

****REQUIRED**** Parents will learn how to help their child learn letters and high frequency words through play and games as well as helpful tips on what literacy skills their child should know before s/he starts kindergarten.

Social/Emotional Needs

Parents will learn about the social and emotional needs of their child as they start kindergarten.

***Beginning Math Skills for Kindergarten**

****REQUIRED**** Parents will learn how to help their child learn basic math skills through play and games as well as helpful tips on what math skills their child should know before s/he starts kindergarten.

Nutrition and Sun Safety

Parents will learn about healthy snack choices, portion control, money saving grocery shopping tips, and food safety. Attendees will also learn about local community resources for fresh fruit and vegetables. Parents will learn ways to keep their family safe in the sun.

Exercise and Fitness

Parents will learn the benefits of exercise and participate in a fitness lesson. Dress in comfortable clothing.

InfoOhio

Parents will learn about the resources available on the InfoOhio Web site so they can help practice the skills they will learn in kindergarten.

Kindergarten 101

Everything you need to know about getting your child ready for kindergarten in the South-Western City School District. We will discuss what a typical day looks like, what children need to bring with them to school, important information about transportation and food services, how to be an active parent, and more. Bring any questions you may have with you and we will be happy to answer them all.

Mindful Parenting and Building Self Esteem in Your Child

Parents will learn how to help build their child's self esteem from an early age. Discussions will include parenting ideas that work and issues with which parents struggle when talking with their children.

Breast Cancer Awareness

A health care worker will share what every person should know about breast cancer – self checks, screening mammograms, early detection, and more.

Saving for College and Beyond

A financial advisor will share what parents can do now to save for their child's education as well as saving for retirement. Information will also include a review of various types of life insurance policies and how to decide what is best for families. Questions will be answered by a certified financial advisor.

Infinite Campus, and the Parent Portal

Parents will learn how to stay connected with their child's school and have access their student's information online via the Infinite Campus Parent Portal. Through the Portal, parents are able to view class schedules, coursework, attendance and academic reports, as well as contact their child's teacher and enter emergency medical information.

Safety Tips for the Home

Parents will learn tips and techniques for keeping their children/family safe at home through conversations with a local fire fighter and police officer.

Tour of the South-Western City School District

Ride a South-Western City School District school bus and take a tour of some of the buildings that are part of the district. The school bus will take riders by a few of the schools, the South-Western Career Academy and the District Service Center. Upon its return, the children will get to explore the bus and learn some school bus safety tips to prepare them for the school year ahead.

*Parents are strongly encouraged to attend all sessions, however, it is mandatory that they attend one of the Beginning Literacy classes and one of the Beginning Math classes.